LUNCH

SFRVFD 11.30AM - 2.30PM

Soup of the day

£6.95

Jacket potato

£7.95

Served with a roll and butter. Calories vary.

with vegan bean chilli GF Ve



557 calories.

Hearty Soup

£7.95

with beans & cheese



Served with a roll and butter. Calories vary.

678 calories.



Fish and Chips

£12.95

with tuna mayonnaise GF 577 calories.

Msc certified Cod with our signature batter. 756 calories.

LITTLE ONES

PIEMINISTER PIE

£11.50

Mini Fish and Chips

£6.95

Today's pie served with potato, vegetables and gravy. Calories vary by pie. V ve available

£5.95 **Pork Sausage Hotdog**

Lasagne

£9.95

Served with side salad, 563 calories.

Half Jacket Potato with



£4.75

tuna mayo 🕞

£4.75

Martin Mere Curry

£8.95

Pesto Pasta V

£4.50

Served with rice and naan bread. Ve 1057 calories.

Children's **Sandwich Box**

£5.95

Premium bread sandwich, organic apple juice, organic strawberry yoghurt, crisps and raisins.

ingredients of gluten



Vegetarian



An adult reference intake (8400kj / 2000kcal). If you have a food allergy or a special dietary requirement please ask a member of staff for more information.

> THE MERESIDE CAFÉ -