

# BREAKFAST

SERVED UNTIL 11.30AM

**Triple bacon sourdough roll** **£6.00**

613 calories.

**Pork sausage  
sourdough roll** **£6.00**

738 calories.

**Marinated halloumi  
and tomato roll** **£6.00** 

543 calories.

# LUNCH

SERVED 11.30AM - 3.30PM

**Soup of the day** **£5.95**

507 calories.

 **Pie** **£10.50**

Ask us about our seasonal pies...

Calories Available

**Ploughman's salad plate** **£8.95**

765 calories.

**Summer Quiche salad** **£8.95**

472 calories.

**Seasonal Flatbread** **£9.95**

Served with Falafels 455 calories. 

Chicken 465 calories.

 Free from  
ingredients of gluten

 Vegetarian

 Vegan

An adult reference intake (8400kj / 2000kcal).  
**If you have a food allergy or a special dietary requirement  
please ask a member of staff for more information.**

# LUNCH

SERVED 11.30AM - 3.30PM

## Jacket potato

£7.95

With vegan bean chilli 557 calories.   

With beans and cheese 678 calories.  

With tuna mayonnaise 678 calories. 

## LITTLE ONES

### Pork sausage hotdog

£5.95

### Half Jacket with beans and cheese

£4.75

### Falafel salad

£4.50

### Children's Sandwich Box

£5.95

Premium bread sandwich, organic apple juice, organic strawberry yoghurt, crisps and raisins.

 Free from ingredients of gluten  Vegetarian  Vegan

An adult reference intake (8400kj / 2000kcal).  
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# HOT DRINKS

<b>Flat White</b> 81 calories.	<b>£3.50</b>
<b>Latte</b> 124 calories.	<b>£3.00</b>
<b>Latte large</b> 139 calories.	<b>£3.50</b>
<b>Cappuccino</b> 146 calories.	<b>£3.00</b>
<b>Cappuccino large</b> 174 calories.	<b>£3.50</b>
<b>Mocha</b> 246 calories.	<b>£3.50</b>
<b>Mocha large</b> 263 calories.	<b>£4.00</b>
<b>Americano</b> 1 calorie.	<b>£2.70</b>
<b>Americano large</b> 1 calorie.	<b>£3.00</b>
<b>Espresso</b> 1 calorie.	<b>£2.00</b>
<b>Hot Chocolate</b> 285 calories.	<b>£3.00</b>
<b>Hot Chocolate large</b> 312 calories.	<b>£3.50</b>
<b>WWT Tea</b> 0 calories. Our blend of finest breakfast tea.	<b>£2.70</b>
<b>Teapigs Tea</b> 0 calories. Choice of refined organic speciality teas .	<b>£3.00</b>

**Ask about our seasonal drinks...**



Free from ingredients of gluten



Vegetarian



Vegan

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